

Sermon Notes

April 19, 2026

Title: The Significance of Sabbath

Scripture: Genesis 2:1-3; Exodus 20:8-11; Mark 2:23-28; Hebrews 4:9-10

Sabbath is:

- _____ in the Creation account. (Gen. 2:1-3)
- _____ in the Giving of the Law. (Exodus 20:8-11)
- _____ through the words of Jesus. (Mark 2:23-28)

Sabbath is a time of:

- _____ **Focus:** pointing our attention in the Lord's direction.
- _____ **Necessity:** each believer needs one-on-one time with the Lord.
- _____ **Participation:** Sabbath is a family thing.

The Sabbath then should be spent:

- _____ **deeply with the Lord**
 - Worship and time in the Word
 - Fellowship with His people
 - Enjoy His creation
 - Serve as a vessel of His blessing

**Keeping the Sabbath makes room for a growing anticipation of eternity in our lives.
(Heb. 4:9-10)**